



**2nd Annual
Valley Middle School
Challenger 5K Run**

**Kids' 1 mile Dash
Hosted by *Ultimate Sports
America***

Sunday, September 15, 2013



Schedule Rain or Shine

7:30 am - Registration: 5K participants
8:30 am - 5K Run/Walk- Kid registration
9:30 am - Kids' 1 mile Dash

Entry Fees:

5K Run/Walk.....\$25 before September 15(includes T-shirt) (\$30 Race Day)
1 Mile 14 & under \$10 (10 & under: adult supervision required)

5K Awards: Top M/F Overall, Top 3 M/F in the following categories: 9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

1 Mile Awards: Top 3 Boys/Girls in the following categories: 7-10, 11-14

This 5K course will start at Ultimate Sports America and will take you around the McBride Industrial Park:

Two water stops. Mile markers for each mile. Strollers and baby joggers welcome. No skates, blades, bikes or pets please.
Ultimate Sport America address: 12 Wright Way Oakland, NJ 07436 Phone: 201-644-0372

Amenities: T-shirt guaranteed to all 5K pre-registrants & pre-registered kid participants. Professional timing crew
Post- race refreshments will be available.

Challenger Application Form

ONLINE REGISTRATION AVAILABLE AT www.oaklandschoolsnj.org

Three easy Steps 1. Select Valley Middle School 2. PTO

Website 3. Click on register here for 5K

*Payments for online registration will be processed securely through PAYPAL

Please make checks payable to Valley PTO

Mail application to: Challenger 5K, 107 Franklin Avenue, Oakland NJ 07436

For further information contact us at challenger5krun@gmail.com

Circle Shirt Size for 5K
Youth L
Adult S M L XL

One applicant per form- Please PRINT clearly

Name _____ M/F _____

Address _____ City/State _____ Zip _____

Age on race day _____ Telephone _____ E-mail _____

Check event below. No refunds, exchanges or transfers.

____ 5k Run ____ 1 Mile 14 & under Kids Dash

Amount Enclosed \$ _____



Release & Waiver: I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls, contact with other participants, the effect of the weather, including high and low temperatures and or humidity, traffic and other conditions of the course; all such risks being known and acknowledged by me. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release the Valley Middle School PTO, Oakland Board of Education, Borough of Oakland, Ultimate Sports America, all race volunteers and all sponsors, their representative, employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes. The Undersigned has read and voluntarily signed this release and waiver.

Signature (if under 18 - parent/guardian signature) _____ Date _____